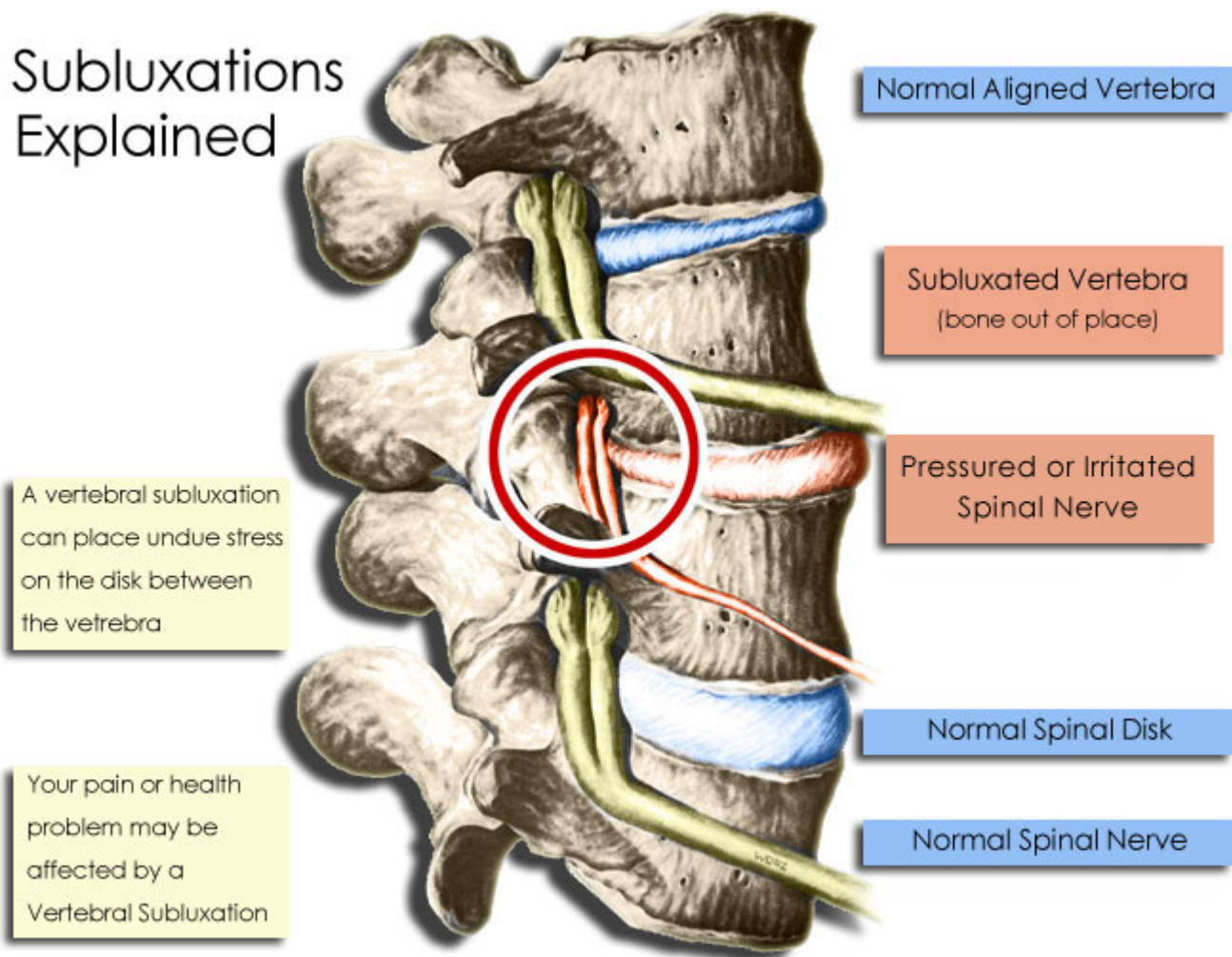


Subluxations Explained



How is Subluxation diagnosed and treated?

Your chiropractor will evaluate your spine to see if there are any obvious misalignments in your spine. If spinal misalignments are detected, your chiropractor will look at X-rays of your spine to determine how much your spine has misaligned (subluxated) and how much damage those subluxations have caused. An appropriate protocol of correction will be recommended. This protocol will include a series of spinal adjustments over time, appropriate spinal exercises, and ergonomic/lifestyle changes.

What is a Subluxation?

Subluxation is:

- A condition in which one or more spinal bones (vertebra) misalign and get locked out of place.
- A condition that can and does occur in all areas of the spine.
- A condition that can also occur in the extremities.
- A condition that leads to obstructed nerve flow through the spinal cord, spinal nerve roots, and peripheral nerve branches. It also often leads to disc degeneration, bone spurs and changes in the muscles, tendons, and ligaments surrounding the affected area.

Proper nerve flow is required for all areas of your body to function efficiently. When bones misalign and lock out of place (subluxation):

- Other areas of your body, besides the spine and extremities, will begin to suffer.
- Disruption or obstruction in nerve flow occurs which will lead to malfunction and distress with those affected organs and glands.

People often associate subluxation with neck/back pain or “pinched nerves”. While that can be the case, pain happens only in a minority of the cases. **In most cases subluxation will not cause any symptoms at all.** It may advance silently...pain free...all the while wreaking havoc in other areas of your body due to the disruption of nerve flow as explained above. People do not think of subluxation as the cause of the decreased or altered function they are experiencing. This is precisely because they do not understand the literal connection, through the nervous system, the spine has with all areas of the body.